



4th Annual Kid's Cook-Off

September 17th and 18th , 2016

Sponsored by



General Rules & Regulations

- Event will be held Saturday, September 17th and Sunday, September 18th at the 12th Annual Missouri River Outdoor Expo at Ponca State Park
- Cost: FREE
- Parental/adult supervision is required for each participant, however, food items need to be prepared by the child
- Kids will be given no more than 45 minutes to prepare their dish
- Registration will begin 15 minutes before the Cook-Off starts. All names will be placed in a pail with 10 names drawn out as contestants. Door Prizes will be given out to random members of the audience.
- Kids will be given 5-10 ingredients for each dish and can use their own creativity to create a gourmet masterpiece. Famous Dave's will provide some of the ingredients – their brand items i.e. barbeque sauce
- Event times, age groups and cooking dish:
 - 10:00 AM Register 5-10 years old – Campfire Cake
 - 10:15 AM Kids' Cook-Off , ages 5-10 begins
 - 11:00 AM Register 11-15 years old – Hot Iron BBQ Quesadillas
 - 11:15 AM Kids' Cook-Off, ages 11-15 begins
- There will be prizes awarded for most creative dish, youngest chef, and over all best dish. Prizes courtesy of Famous Dave's
- All participants will receive aprons from the Missouri River Outdoor Expo and seasonings courtesy of Famous Dave's
- Two campfires will be available - 5/kids per fire
- All potential ingredients will be provided including utensils, spices, other ingredients in individual containers
- Fire will be started by organizers at least an hour ahead of event to allow for hot coals and less smoke for participants
- **All contestants need to register at the Main Event Tent on the riverfront, no later than 10 minutes prior to event.**